

GOAL 1:

Expand foundational strengths and service delivery:

Build upon the NHC's strong foundation to strengthen integrated primary care quality and provision.

Enhance service delivery for existing Health Centre programs and services.

Ensure operational and capital funding for continued high quality primary services.

Continue to provide diverse high quality specialist care and expand services offered.

Manage each program area's accreditation and ensure NHC Health and Safety policies are followed.

Support the 'N̄amgis First Nation Centre of Excellence in Rural Health initiative, as well as additional regional health advocacy efforts.

GOAL 2:

Support positive mental health: Support community mental health, particularly focused on the mental health of children and youth.

Create programming designed specifically to support youth mental health and integrate with youth-friendly service providers within and outside of the NHC.

Plan and sustain mental health services for all NHC users.

GOAL 3:

Promote community fitness and prevent injury:

Continue encouraging active and balanced living for all 'Nāmgis by offering quality programs and engaging in health promotion activities.

Expand health promotion programming.

Invest in a full-time dedicated multipurpose centre, including staffing requirements.

Ensure healing services are integrated into the community and continuum of care.

GOAL 4:

Listening to our Elders: Develop Elder-focused care which incorporates the wisdom and experience of Elders in the design and delivery of services.

Build Elders-focused community infrastructure that allows people to age at home and connect to community.

Develop robust Elders-focused programming to encourage the sharing of traditional teaching and life skills.

Manage staffing to ensure home care and programming is sustainable.

GOAL 5:

Support Community Wellness and Traditional Teachings:

Increase community connection with the land through wellness programs focused on traditional foods and healing in close collaboration with other 'N̄amgis departments.

Provide traditional food options for clients at the NHC.

Offer traditional programming and teaching workshops.

Continue to educate about traditional healing practices.

GOAL 6:

Improve coordinated patient travel: Strengthen regional medical transportation by improving patient travel experience and connections.

Strengthen client case management between NHC and other off-island service providers to ensure connections and improve the hospital discharge process.

Develop a community-led, coordinated transportation approach to health services off the island.

GOAL 7:

Provide culturally safe human resources: Welcome Indigenous and non-Indigenous health practitioners to the health centre and as members of our community.

Develop a 10-year staffing plan, which accounts for staff retention, housing, and sustainable accommodation of staff.

Invest in a recruitment marketing initiative for on-island youth, and young professionals, including proper housing, retention incentives and mentorship.

GOAL 8:

Design and build improved health infrastructure:
Build new structures to support increased health programming and services.

Build new health centre.

Increase the number of accessible outdoor recreation facilities/units.

Finalize the new build of the 'Namgis Treatment Centre to allow for increased intake and program offerings.