

Emergency Preparedness Basic Grab 'n Go Bag Scavenger Hunt Check List

Note: Find as many items as you can at home, a scavenger hunt that take approximately 30 minutes to put together. What you do not find at home **high-lite** the items that you would than need to purchase to complete your Emergency Preparedness Grab 'n Go Bag.

The same idea can be applied to putting your larger home emergency kit together. If you have pets, please remember to create a plan and a kit for your pets as well.

The purpose of the Grab 'n Go bag if you or your family had to quickly evacuate you home or to ensure you have an emergency kit for your vehicle when travelling.

- Pack Back or Tote (to put your items in)
- Your Emergency Preparedness Guide Booklet (be sure to fill in the important information that you will need)
- Most recent Family photographs
- Address book with important phone numbers and other important documentation information
- Water – at least two litres. Include small bottles to make it easier to carry.
- Food – that won't spoil such as energy bars, dried foods that can be replaced every year – and some canned foods such as fish or soups)
- Manual can-opener (if applicable)
- A first aid kit (that you can put together yourself with band-aids, gauze or clean rags, etc)
- Thick leather work gloves – to protect your hands in the event of broken glass
- A battery powered or wind up Flashlight
- A battery powered or wind up Radio
- Prescription Medications
- Extra prescription eyeglasses or reading glasses, contact lens case and/or solution
- A change of clothing and under garments/socks (you may want to put your under garments in a Zip-loc baggie to keep dry)
- A spare pair of runners
- Toilet paper and other personal care items
- Money – a minimum of \$30-\$50.00 in small bills and change (***your decision if you want this in your bag or not and if the minimum is sufficient***)